

How can you help?

Bloomington Meals on Wheels could not exist without our dedicated volunteers and generous donors. Both help keep the cost of our program affordable for our clients.

Volunteer: If you can volunteer over the noon hour once a month to deliver meals, please contact us at blm-mow@iuhealth.org or call (812)355-8224.

Donate: Donations help to subsidize our program, keep our meals affordable and allow us to serve more clients. If you would like to make a tax deductible contribution to help Meals on Wheels, donate securely online at bloomingtonmealsonwheels.org. Or send your check made payable to Meals on Wheels to P.O. Box 1149, 727 West First St., Bloomington, IN 47402

Do you need more information?

To find out more about Meals on Wheels:
www.bloomingtonmealsonwheels.org
blm-mow@iuhealth.org

We thank our sponsors:

- IU Health Bloomington
- Meadowood Retirement Community
- Bloomington Hospital Foundation
- CallNet

Additional Resources:

In addition to the Bloomington Meals on Wheels Program, there are a number of other home-delivered meal agencies in the nine county area that IU Health serves:

Brown County

Thrive Alliance
Area 11 Agency on Aging
812-372-6918
812-988-0326

Green/Daviess/Martin Counties

Generations Nutrition Program
800-742-9002

Lawrence/Orange County

Hoosier Uplands
800-333-2451
812-849-4457

Monroe/Owen county

Area 10 Agency on Aging
812-876-3383

Morgan County

Meals on Wheels
1-800-432-2242



PO Box 1149
727 West First St
Bloomington, IN 47402
812-355-8224
Or
812-353-2248
blm-mow@iuhealth.org
www.bloomingtonmealsonwheels.org



Founded in 1973, our program provides nutritious meals to homebound people who are unable to cook for themselves. We ensure that our clients receive two nutritious meals a day delivered by a friendly volunteer. Meals on Wheels reduces healthcare costs by allowing our clients to remain in their homes.

Who are our clients?

Any person who lives in our Bloomington service area is eligible for Meals On Wheels. We have no age or economic restrictions.

We can help people who are:

- ⇒ Recovering from an accident or illness
- ⇒ Experiencing either a temporary or permanent disability
- ⇒ Unable to prepare food independently

In addition, we help family members, friends or caregivers who need to be away by delivering meals in their absence.

How do clients receive meals?

To enroll in the program, you may leave a message with our answering service at (812) 355-8224. We will return your call as soon as possible.

Our Client Coordinator will call you to arrange for appropriate meal delivery and to determine special dietary needs. Clients must have a physician's diet order to receive Meals on Wheels.

When are meals available?

Our volunteers bring meals between **11:45 a.m. and 1:15 p.m. Monday through Friday**. Each delivery includes a hot noon meal and a cold meal for the evening. Milk is included with each meal.

Our meals are prepared by IU Health Bloomington Hospital's dietary department and Meadowood Retirement Community. A registered dietitian approves the menu.

NOTE: Service is not available on the weekends or on six major holidays.

Who pays for the meals?

The cost for meals is \$35.00 per week. Clients will get credit for meals that are cancelled two days in advance. Our office will assist clients to arrange the method of payment. Payments may come from your personal account or as a gift from your family or a friend. Financial assistance is available to clients who qualify. Please contact our office for more information.